



MONROE PARKS AND RECREATION



Fall 2025 ADULT CO-ED VOLLEYBALL

Looking for a fun way to stay active, meet new people, and enjoy some friendly competition? Monroe Parks & Recreation Co-Ed Indoor Volleyball Program is the perfect opportunity to hit the court and experience the excitement of the game.

Sessions are designed for players who already have an understanding of the game and its rules and are physically fit enough for 1-2 hours of light to moderate exertion.

There is no coaching, drills, or formal instruction during these sessions.

Teams are dynamic and are set each night based on that night's attendance.

All registration will be by individual and not be team.

Drop-In's are not permitted.

There are no day care provisions. ALL youngsters must be left at home.

Beginner Co-ed (less competitive)

Day: Tuesdays
Dates: 9/30-11/25
No Class: 11/4 & 11/18
Time: 7:30PM-9:30PM
Fee: \$50.00 Res
\$70.00 Non-Res
Ages: 18+
Duration: 7 weeks



More info on registration page!

Deadline to register is

9/26/25 or until filled.

There is no prorating of fees.

Advanced Co-ed (competitive)

Day: Wednesdays
Dates: 10/1-11/19
No Class: 11/12
Time: 7:30PM-9:30PM
Fee: \$50.00 Res
\$70.00 Non-Res
Ages: 18+
Duration: 7 weeks

**Program is held at Jockey Hollow Middle School Gymnasium &
Minimum of 12 adults needed for each night to run program!**



For more information or to register:

See: www.monroerec.org
email: parksandrec@monroect.gov
Visit: Parks and Recreation Department
7 Fan Hill Road, Monroe, CT 06468
Call: 203-452-2806



Monroe Parks and Recreation
Wolfe Park · Masuk Pool · Lake Zoar
Webb Mountain Camping