



Monroe Parks and Recreation Department
Spring 2025 Cross Country Program
with CT Sports Network



CROSS COUNTRY

Tuesdays at Great Hollow Lake

(454 Purdy Hill Rd)

Oak Grove Picnic Area

April 8-June 3

No program on April 15

CT Sports Network will once again be offering Cross Country training to children aged 5-12 years old (current Kindergarteners through 5th Grade) this Spring at Great Hollow Park.

The clinics are open to all runners and is designed for beginners through to experienced racers.

All participants should have athletic shoes and water with them to each run.

Grades K-2

Time: 4:55p.m.-5:40p.m.

Cost: \$155R/\$170NR

45 minute class

Grades 3-5

Time: 5:45p.m.-6:45p.m.

Cost: \$170R/\$190NR

1 hour class

Grades 6-8

Time: 6:45p.m. -7:45p.m.

Cost: \$170R/ \$190NR

1 hour class



Monroe Parks and Recreation

Wolfe Park • Masuk Pool • Lake Zoar
 Webb Mountain Camping

For more information or to register:

See: www.monroerec.org
 email: parksandrec@monroect.gov
 Visit: Parks and Recreation Department
 7 Fan Hill Road, Monroe, CT 06468
 Call: 203-452-2806

